

I LOVE SPORT



Sports are most easy and convenient ways for the very good physical and mental exercise. It is very useful for growth and development of the individual as well as the country. We can never ignore the benefits and importance of playing the sports on regular basis. Sports provide a person the feeling of well being and encourage living a healthy life. It keeps us always fit and healthy as well as away from problems of drug addiction, crime and disorders. Sports are organized at national and international level by the government of the country for motivating the students to take part and get popularity through sports. Any of the sports is very simple however need full devotion and hard work to get practiced on daily basis.

Now-a-days, sports has become most efficient way to establish a better career for whole life as it provides equal and good job opportunities to all. It is the medium which enhances the economy of host country organizing the sports activities. It makes a country to feel proud if its citizens win the match. It brings encouragement and develops the feeling of patriotism. It is the way to reduce international level tension among many countries. It helps in improving the physical and mental strength of the person as well as the economic and social strength of the country.

Vocabulary Practice

Choose the correct answer:

1. What does the text say about sports?
 - a. that it's not an easy way to get healthy
 - b. that it is an easy way to both mental and physical health

2. What does sports provide a person according to the text?
 - a. sports provide people the feeling of well being
 - b. sports provide people the feeling of illness

3. According to the text, is sport related to drug addiction or crimes?
 - a. No, there is no connection between sports and drugs or crimes.
 - b. the writer thinks sports can keep young people away from disorders

4. Does it take devotion and hardwork to practice a sport?
 - a. no, all you need is talent to be the best in any sport
 - b. yes, you have to work hard and to be devoted to be good in practicing a sport

5. Is there a connection between sports and patriotism?
 - a. The citizens don't care if their favourite team from their country wins a match
 - b. the citizens are proud if their a team from their country wins a match

TRADITIONAL SPORTS	
Basketball Football (3) Volleyball/Beach Volleyball Lacrosse Soccer (2) Martial Arts Golf Hockey	Track and Field Baseball/Softball/Tee Ball Bowling Polo Cricket Field Hockey (2) Tennis Badminton

Grammar Practice

Present tense simple

Negative Sentences

Make negative sentences.

1. My father makes breakfast. →
2. They are eleven. →
3. She writes a letter. →

4. I speak Italian. →

5. Danny phones his father on Sundays. →

Questions

Make questions.

1. you / to speak / English →

2. when / he / to go / home →

3. they / to clean / the bathroom →

4. where / she / to ride / her bike →

5. Billy / to work / in the supermarket →

Change the verb into the correct form:

1. Christopher (drive) a bus.
2. We (have) some money.
3. (you watch) movies?
4. They (not work) for us.
5. I (love) to dance.
6. She (have) many friends.
7. Alexis and her husband always (come) for the summer.
8. (he draw) well?
9. James (not remember) me.
10. Laura (be) a beautiful girl.
11. I (not eat) cheese.
12. Cats (like) to sleep.
13. You (be) a smart boy.
14. She (wash) the dishes every evening.
15. (you be) ready?
16. I (be) ready.

Change the verb into the correct form:

1. (I wake up) at five in the morning?
2. (you go) to work by train?
3. (she drink) coffee every morning?
4. (he smoke)?
5. (it hurt)?
6. (we dance)?
7. (they travel)?
8. (Emma cook) well?
9. (Alexander exercise) regularly?

10. (I look) well?
11. (you rest) enough?
12. (William work) too hard?
13. (they travel) often?
14. (Anthony go) to sleep too late?
15. (you bake) cakes?

Communication

Talking about likes and dislikes in English

There's a whole range of English expressions you can use to talk about how much you like or dislike something.

If you love something

"I love eating ice-cream."

"I adore sun-bathing."

"She's mad about that new boy band."

"He's crazy about that girl."

If you like something a lot

"She's fond of chocolate."

"I like swimming very much."

"He really likes that new golf course." (Remember to stress "really" in this sentence.)

If you like something

"He quite likes going to the cinema."

"I like cooking."

If you neither like nor dislike something

"I don't mind doing the housework."

In reply to a question if you like something or not, you can say:

"I don't really care either way."

"It's all the same to me."

If you don't like something

"She doesn't like cooking very much."

"He's not very fond of doing the gardening."

"He's not a great fan of football."

"Horse-riding isn't really his thing."

"I dislike wasting time."

If you really dislike something

"I don't like sport at all."

"He can't stand his boss."

"She can't bear cooking in a dirty kitchen."

"I hate crowded supermarkets."

"He detests being late."

"She loathes celery."

Things to remember

Dislike is quite formal.

Fond of is normally used to talk about food or people.

The 'oa' in loathe rhymes with the 'oa' in boat.

Grammar Note

To talk about your general likes or dislikes, follow this pattern: like something or like doing something.

Remember that "I'd like..." is for specific present or future wishes.

"I like swimming" = I like swimming generally.

"I'd like to go swimming this afternoon" = I want to go swimming at a specific time in the future.

Common mistake

Be careful where you put very much or a lot. These words should go after the thing that you like.

For example, "I like reading very much." NOT "I like very much reading."

Let's practice!

Each of you will say

- 5 things/ activities / persons etc you **like** and explain why
- 5 things/ activities / persons etc you **love** and explain why
- 5 things/ activities / persons etc you **don't like** and explain why
- 5 things/ activities / persons etc you **hate** and explain why